



Special Broadcast

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Chief Health Officer
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Dear Colleagues

This morning the Premier announced a change to the home confinement, movement and gathering direction outlining a slight easing of coronavirus (COVID-19) restrictions in Queensland. [The direction](#) will come into effect at 12:01am Saturday 2 May.

What does this mean?

The new exemption on movement in Queensland means you will have more opportunities to go outside for enjoyment, within a 50 km radius of your home.

Queenslanders will still at all times need to practice [social distancing](#) and [good hygiene](#).

- This means that you can enjoy recreational activities within a 50 km radius of your home, including:
 - go for a picnic
 - sit on a bench at a park with a coffee or your lunch
 - drive a car, ride a motorbike, jet ski, boat or other vehicle for pleasure
 - teach someone from your household how to drive
 - visit shops (non-essential retail) that have social distancing measures in place

Queenslanders will need to continue to comply with the social gathering guidelines:

- You can go outside with people from your own household

- If you go outside by yourself, you can have one other person join you who doesn't normally live with you.

There will be no changes to the list of businesses that are closed.

Coronavirus (COVID-19)
Home Confinement, Movement and Gathering Direction

Changes to being out and about in Queensland

From 1 May 2020

The Queensland Government is **RELAXING** restrictions on movement in Queensland, so you will have more opportunities to go outside for enjoyment.

YOU CAN

- Leave home for essential activities including:
 - shopping for food
 - seeing a doctor or healthcare professional
 - work
 - outdoor exercise
- Enjoy recreational activities within 50km of your home, such as:
 - going for a picnic
 - sitting on a park bench and enjoy your lunch or a coffee
 - having a driving lesson
 - going on a motorbike ride or boat trip
 - going to the shops to buy things other than food or drink (eg. a bookstore or clothes shop)
- Go out with people from your household, or if you go out as a single person you can have one other person join you.

YOU STILL CAN'T

- Go to other cities or to people from Brisbane cannot travel to Townsville or the Gold Coast for leisure, and vice versa.
- Gather in large groups.
- Go to the gym.
- Go to a spa.
- Go camping.

Remember you still need to:

- be within 50km of your home
- practice social distancing and use good hygiene.

Further information
Visit www.health.qld.gov.au/coronavirus or call 13 HEALTH (13 43 25 94)

Queensland Government

Why are we doing this now?

Queenslanders have followed the rules. It's for this reason that we're in a position to ease off on some restrictions. We've added this exemption to the home confinement, movement and gathering direction because of the success of the restrictions we've had in place that are slowing the spread of COVID-19.

When will more restrictions be relaxed?

We're working towards getting Queenslanders back to normal living, while ensuring we continue to slow the spread of COVID-19. Getting back to our normal way of life is our ultimate priority, and these restrictions are in place to keep us safe. While case numbers are decreasing, we cannot become complacent and undo all the good work we have done to date.

As Queensland Health staff I ask you all to be ambassadors for this change. Together, we are all playing a part to slow the spread of the virus and relieve pressure on our frontline colleagues.

Take care and keep up the great work.

Dr Jeannette Young PSM

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